

2023 Preventive medications and your plan

Effective Jan. 1, 2023



Managing your health with preventive medications

Your pharmacy benefit plan includes special coverage for preventive medications.

The drugs on your plan's preventive medications list do not have a deductible. This means you'll pay your copayment/coinsurance or nothing at all, depending on your plan.

To check the cost of any medication, call the number on your member ID card, visit your plan's website on your member ID card, or log on to the Optum Rx app.

Potential savings with generic medications

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective. Using generics may be required based on your plan benefit.

A list of covered preventive medications begins on the next page.

Medications are listed by therapeutic category. Where differences are noted between this list and your benefit plan documents, the benefit plan documents will rule.

For questions on injectable preventive medications administered by your doctor or healthcare provider, please call the number on your ID card. This list should be used as a reference and may not include all medications.

2023 Select HDHP* preventive brand and generics medication list

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*HDHP = High-Deductible Health Plan

Drug name**Anti-addiction / substance abuse treatment agents**

bupropion hcl er (smoking det)
habitrol
mini nicotine
NICODERM CQ
NICORETTE
NICORETTE MINI
NICORETTE STARTER KIT
nicotine gum
nicotine mini
nicotine mouth/throat gum 2 mg, 4 mg
nicotine mouth/throat lozenge 2 mg, 4 mg
nicotine polacrilex mini
nicotine polacrilex mouth/throat
nicotine step 1
nicotine step 2
nicotine step 3
nicotine transdermal kit 21-14-7 mg/24hr
nicotine transdermal patch 24 hour 14 mg/24hr, 21 mg/24hr, 7 mg/24hr
nicotine transdermal system
NICOTROL
NICOTROL NS
px stop smoking aid
quit2
quit4
THRIVE
varenicline tartrate

Anticoagulants

dabigatran etexilate mesylate
ELIQUIS
ELIQUIS DVT/PE STARTER PACK
enoxaparin sodium
fondaparinux sodium
heparin sodium (porcine)
heparin sodium (porcine) pf
jantoven
PRADAXA
warfarin sodium oral
XARELTO
XARELTO STARTER PACK

Antidepressants

bupropion hcl er (sr)
bupropion hcl er (xl) oral tablet extended release 24 hour 150 mg, 300 mg
bupropion hcl oral
citalopram hydrobromide oral solution
citalopram hydrobromide oral tablet
desvenlafaxine succinate er
duloxetine hcl oral

Drug name

escitalopram oxalate oral
FETZIMA
FETZIMA TITRATION
fluoxetine hcl oral capsule
fluoxetine hcl oral capsule delayed release
fluoxetine hcl oral solution
fluoxetine hcl oral tablet
fluvoxamine maleate
fluvoxamine maleate er
mirtazapine oral
paroxetine hcl
paroxetine hcl er
sertraline hcl oral concentrate
sertraline hcl oral tablet
venlafaxine hcl
venlafaxine hcl er

Antiplatelets

aspirin-dipyridamole er
BRILINTA
cilostazol
clopidogrel bisulfate oral
dipyridamole oral
prasugrel hcl

Antipsychotics - drugs for mood disorders

ABILIFY MAINTENA
aripiprazole
asenapine maleate
chlorpromazine hcl oral
clozapine
FANAPT
FANAPT TITRATION PACK
fluphenazine hcl oral
haloperidol lactate oral
haloperidol oral
INVEGA SUSTENNA
INVEGA TRINZA
LATUDA
loxapine succinate
olanzapine intramuscular
olanzapine oral
paliperidone er
quetiapine fumarate
quetiapine fumarate er
REXULTI
RISPERDAL CONSTA
risperidone
thioridazine hcl oral
thiothixene
trifluoperazine hcl
ziprasidone hcl

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Drug name**Antivirals**

abacavir sulfate
 abacavir sulfate-lamivudine
 atazanavir sulfate
 BIKTARVY
 CIMDUO
 COMPLERA
 DOVATO
 EDURANT
 efavirenz
 efavirenz-emtricitab-tenofovir
 efavirenz-lamivudine-tenofovir
 emtricitabine
 emtricitabine-tenofovir df
 EMTRIVA ORAL SOLUTION
 etravirine
 EVOTAZ
 fosamprenavir calcium
 FUZEON
 INTELENCE ORAL TABLET 25 MG
 ISENTRESS
 ISENTRESS HD
 JULUCA
 lamivudine oral solution
 lamivudine oral tablet 150 mg, 300 mg
 lamivudine-zidovudine
 lopinavir-ritonavir
 maraviroc
 nevirapine
 nevirapine er
 NORVIR ORAL PACKET
 NORVIR ORAL SOLUTION
 ODEFSEY
 PIFELTRO
 PREZCOBIX
 PREZISTA
 REYATAZ ORAL PACKET
 ritonavir
 RUKOBIA
 SELZENTRY ORAL SOLUTION
 SELZENTRY ORAL TABLET 25 MG, 75 MG
 stavudine
 SYMTUZA
 tenofovir disoproxil fumarate
 TIVICAY
 TIVICAY PD
 TRIUMEQ
 VIREAD ORAL POWDER
 VIREAD ORAL TABLET 150 MG, 200 MG, 250 MG
 zidovudine

Drug name**Cardiovascular agents - drugs for heart and circulation conditions**

acebutolol hcl oral
 aliskiren fumarate
 amiloride hcl oral
 amiloride-hydrochlorothiazide
 amlodipine besylate oral
 amlodipine besylate-benazepril hcl
 amlodipine besylate-valsartan
 amlodipine-atorvastatin
 amlodipine-olmesartan
 amlodipine-valsartan-hctz
 atenolol oral
 atenolol-chlorthalidone
 atorvastatin calcium oral
 benazepril hcl oral
 benazepril-hydrochlorothiazide
 betaxolol hcl oral
 bisoprolol fumarate oral
 bisoprolol-hydrochlorothiazide
 bumetanide oral
 candesartan cilexetil
 candesartan cilexetil-hctz
 captopril oral
 cartia xt
 carvedilol
 chlorthalidone
 cholestyramine light
 cholestyramine oral
 clonidine
 clonidine hcl oral
 colesevelam hcl
 colestipol hcl
 digitek
 digoxin oral
 diltiazem hcl er
 diltiazem hcl er beads
 diltiazem hcl oral
 dilt-xr
 doxazosin mesylate oral
 enalapril maleate oral
 enalapril-hydrochlorothiazide
 eplerenone
 ethacrynic acid
 ezetimibe
 ezetimibe-simvastatin
 felodipine er
 fenofibrate micronized oral capsule 130 mg, 134 mg, 200 mg, 43 mg, 67 mg
 fenofibrate oral

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Drug name

fenofibric acid
fluvastatin sodium
fosinopril sodium
fosinopril sodium-hctz
furosemide oral
gemfibrozil oral
guanfacine hcl
hydralazine hcl oral
hydrochlorothiazide oral
indapamide
irbesartan
irbesartan-hydrochlorothiazide
isosorbide dinitrate
isosorbide mononitrate
isosorbide mononitrate er
labetalol hcl oral
lisinopril oral
lisinopril-hydrochlorothiazide
losartan potassium oral
losartan potassium-hctz
lovastatin oral
matzim la
metolazone
metoprolol succinate er
metoprolol tartrate oral
metoprolol-hydrochlorothiazide
metyrosine
minoxidil oral
moexipril hcl
nebivolol hcl
niacin er (antihyperlipidemic)
nifedipine er
nifedipine er osmotic release
nimodipine oral
nitroglycerin sublingual
nitroglycerin transdermal
nitroglycerin translingual
olmesartan medoxomil oral
olmesartan medoxomil-hctz
olmesartan-amlodipine-hctz
omega-3-acid ethyl esters
perindopril erbumine
phenoxybenzamine hcl oral
pindolol
pravastatin sodium
prazosin hcl oral
prevalite
propranolol hcl er
propranolol hcl oral
quinapril hcl

Drug name

quinapril-hydrochlorothiazide
ramipril
ranolazine er
REPATHA
rosuvastatin calcium
simvastatin oral
sorine
sotalol hcl (af)
sotalol hcl oral
spironolactone oral
spironolactone-hctz
taztia xt
telmisartan
tiadylt er
timolol maleate oral
toremide
trandolapril
triamterene-hctz
valsartan oral tablet
valsartan-hydrochlorothiazide
verapamil hcl er
verapamil hcl oral
Diabetes - antidiabetic agents
acarbose oral
BYDUREON BCISE AUTOINJECTOR
BYETTA 10 MCG PEN
BYETTA 5 MCG PEN
FARXIGA
glimepiride
glipizide er
glipizide ir
glipizide xl
glipizide-metformin hcl
glyburide micronized
glyburide oral
glyburide-metformin
GLYXAMBI
JANUMET
JANUMET XR
JANUVIA
JARDIANCE
JENTADUETO
JENTADUETO XR
metformin hcl er
metformin hcl ir
miglitol
nateglinide
OZEMPIC
OZEMPIC (2 MG/DOSE)
pioglitazone hcl

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Drug name

pioglitazone hcl-glimepiride
 pioglitazone hcl-metformin hcl
 repaglinide
 RYBELSUS
 SYNJARDY
 SYNJARDY XR
 TRADJENTA
 TRULICITY
 VICTOZA
 XIGDUO XR

Diabetes - glucose monitoring

CONTOUR MONITOR
 CONTOUR MONITOR
 CONTOUR NEXT EZ KIT W/DEVICE
 CONTOUR NEXT GEN MONITOR
 CONTOUR NEXT LINK KIT W/DEVICE
 CONTOUR NEXT MONITOR KIT W/DEVICE
 CONTOUR NEXT ONE KIT
 CONTOUR NEXT TEST STRIPS
 CONTOUR TEST STRIPS
 LANCETS
 ONETOUCH ULTRA TEST STRIPS
 ONETOUCH ULTRA 2 KIT W/DEVICE
 ONETOUCH ULTRA MINI KIT W/DEVICE
 ONETOUCH VERIO KIT W/DEVICE
 ONETOUCH VERIO FLEX SYSTEM
 ONETOUCH VERIO TEST STRIPS
 ONETOUCH VERIO IQ SYSTEM
 ONETOUCH VERIO REFLECT KIT W/DEVICE

Diabetes - insulins

HUMALOG
 HUMALOG JUNIOR KWIKPEN
 HUMALOG KWIKPEN
 HUMALOG MIX 50/50
 HUMALOG MIX 50/50 KWIKPEN
 HUMALOG MIX 75/25
 HUMALOG MIX 75/25 KWIKPEN
 HUMULIN 70/30 KWIKPEN
 HUMULIN 70/30 VIAL
 HUMULIN N KWIKPEN
 HUMULIN N VIAL
 HUMULIN R U-500 KWIKPEN
 HUMULIN R U-500 VIAL (CONCENTRATED)
 HUMULIN R VIAL
 LANTUS SOLOSTAR
 LANTUS U-100 VIAL
 LEVEMIR U-100 FLEXTOUCH
 LEVEMIR U-100 VIAL
 TOUJEO MAX SOLOSTAR

Drug name

TOUJEO SOLOSTAR
 TRESIBA
 TRESIBA FLEXTOUCH

Electrolytes / minerals / metals / vitamins

adc/f (0.5mg/ml)
 multivitamin/fluoride tablet chewable 0.25 mg oral (rx)
 multivitamin/fluoride tablet chewable 0.5 mg oral
 multivitamin/fluoride tablet chewable 1 mg oral
 multi-vitamin/fluoride/iron
 pnv-dha
 pnv-dha+docusate
 pnv-omega
 pnv-select
 prenatal 19 oral tablet 29-1 mg
 prenatal 19 oral tablet chewable
 prenatal oral tablet 27-1 mg
 prenatal plus
 prenatal plus vitamin/mineral
 prenatal vitamin plus low iron
 tri-vite/fluoride
 virt-pn dha
 vitamins acd-fluoride

Gastrointestinal agents - drugs for acid reflux and ulcer

cimetidine hcl
 cimetidine oral
 esomeprazole magnesium oral capsule delayed release
 famotidine oral suspension reconstituted
 famotidine oral tablet 40 mg
 famotidine tablet 20 mg oral (rx)
 lansoprazole oral
 misoprostol oral
 nizatidine
 omeprazole oral capsule delayed release
 pantoprazole sodium oral
 rabeprazole sodium oral tablet delayed release
 sucralfate oral

Gastrointestinal agents - drugs for bowel, intestine and stomach conditions

amoxicill-clarithro-lansopraz
 CLENPIQ
 gavilyte-c
 gavilyte-g
 OMECLAMOX-PAK
 peg 3350-kcl-na bicarb-nacl
 peg-3350/electrolytes
 peg-3350/electrolytes/ascorbat
 peg-kcl-nacl-nasulf-na asc-c
 PYLERA
 SUPREP BOWEL PREP KIT

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Drug name**Hormonal agents - selective estrogen receptor modifying agents**

OSPHENA

raloxifene hcl

Hormonal agents - sex hormones and birth control

afirmelle

altavera

alyacen 1/35

alyacen 7/7/7

amabelz

amethia

amethyst

ANNOVERA

apri

aranelle

ashlyna

aubra

aubra eq

aurovela 1.5/30

aurovela 1/20

aurovela 24 fe

aurovela fe 1.5/30

aurovela fe 1/20

aviane

ayuna

azurette

balziva

BIJUVA

blisovi 24 fe

blisovi fe 1.5/30

blisovi fe 1/20

briellyn

camila

camrese

camrese lo

charlotte 24 fe

chateal

chateal eq

COMBIPATCH

cryselle-28

cyred

cyred eq

dasetta 1/35

dasetta 7/7/7

daysee

deblitane

delyla

DEPO-SUBQ PROVERA 104

desogestrel-ethinyl estradiol

DIVIGEL

Drug name

dolishale

dotti

drospiren-eth estrad-levomefol

drospirenone-ethinyl estradiol

elimest

ELLA

eluryng

emoquette

enpresse-28

enskyce

errin

estarylla

estradiol oral

estradiol transdermal

estradiol-norethindrone acet

ethynodiol diac-eth estradiol

etonogestrel-ethinyl estradiol

falmina

fayosim

femynor

finzala

fyavolv

gemmily

hailey 1.5/30

hailey 24 fe

hailey fe 1.5/30

hailey fe 1/20

heather

iclevia

incassia

introvale

isibloom

jaimiess

jasmiel

jencycla

jinteli

jolessa

juleber

junel 1.5/30

junel 1/20

junel fe

kaitlib fe

kalliga

kariva

kelnor 1/35

kelnor 1/50

kurvelo

KYLEENA

larin 1.5/30

larin 1/20

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Drug name

larin 24 fe
larin fe 1.5/30
larin fe 1/20
layolis fe
leena
lessina
levonest
levonorgest-eth est & eth est
levonorgest-eth estrad 91-day
levonorgestrel-ethinyl estrad
levonorg-eth estrad triphasic
levora 0.15/30 (28)
LILETTA (52 MG)
lojaimiess
loryna
low-ogestrel
lo-zumandimine
lutra
lyleq
lyllana
lyza
marlissa
medroxyprogesterone acetate intramuscular
MENEST
merzee
microgestin 1.5/30
microgestin 1/20
microgestin 24 fe
microgestin fe 1.5/30
microgestin fe 1/20
mili
mimvey
MIRENA (52 MG)
mono-linyah
NATAZIA
necon 0.5/35 (28)
NEXPLANON
nikki
nora-be
norethin ace-eth estrad-fe
norethin-eth estradiol-fe
norethindron-ethinyl estrad-fe
norethindrone acet-ethinyl est
norethindrone oral
norethindrone-eth estradiol
norgestimate-eth estradiol
norgestimate-ethinyl estradiol triphasic
norlyroc
nortrel 0.5/35 (28)
nortrel 1/35 (21)

Drug name

nortrel 1/35 (28)
nortrel 7/7/7
nylia 1/35
nylia 7/7/7
nymyo
ocella
PARAGARD INTRAUTERINE COPPER
philith
pimtrea
pirmella 1/35
pirmella 7/7/7
portia-28
PREMARIN ORAL
PREMPHASE
PREMPRO
reclipsen
rivelsa
setlakin
sharobel
simliya
simpesse
SKYLA
sprintec 28
sronyx
syeda
tarina 24 fe
tarina fe 1/20
tarina fe 1/20 eq
taysofy
tilia fe
tri femynor
tri-estarylla
tri-legest fe
tri-linyah
tri-lo-estarylla
tri-lo-marzia
tri-lo-mili
tri-lo-sprintec
tri-mili
tri-nymyo
tri-sprintec
tri-vylibra
tri-vylibra lo
trivora (28)
tyblume
tydemy
velivet
vestura
vienva
viorele

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Drug name

volnea
 vyfemla
 vylibra
 wera
 wymzya fe
 xulane
 Zafemy
 zovia 1/35 (28)
 zumandimine

Immunological agents - drugs for immune system stimulation or suppression

azathioprine oral
 cyclosporine modified
 cyclosporine oral
 gengraf
 mycophenolate mofetil oral
 mycophenolate sodium
 SANDIMMUNE ORAL SOLUTION
 sirolimus oral
 tacrolimus oral

Metabolic bone disease agents - drugs for osteoporosis

alendronate sodium oral solution
 alendronate sodium oral tablet 10 mg, 35 mg, 5 mg, 70 mg
 calcitonin (salmon) nasal
 ibandronate sodium oral
 risedronate sodium oral tablet 150 mg, 30 mg, 35 mg, 5 mg
 risedronate sodium oral tablet delayed release

Respiratory tract / pulmonary agents - drugs for asthma and other lung conditions

ADVAIR HFA
 albuterol sulfate hfa aerosol solution 108 (90 base) mcg/act inhalation
 albuterol sulfate inhalation
 albuterol sulfate oral
 ANORO ELLIPTA
 arformoterol tartrate
 ARNUITY ELLIPTA
 ATROVENT HFA
 BREO ELLIPTA
 budesonide inhalation
 COMBIVENT RESPIMAT
 cromolyn sodium inhalation
 DALIRESP
 FLOVENT DISKUS
 FLOVENT HFA
 fluticasone-salmeterol inhalation aerosol powder breath activated 100-50 mcg/act, 250-50 mcg/act, 500-50 mcg/act
 FLUTICASONE-SALMETEROL INHALATION AEROSOL POWDER BREATH ACTIVATED 113-14 MCG/ACT, 232-14 MCG/ACT, 55-14 MCG/ACT
 formoterol fumarate inhalation

Drug name

ipratropium bromide inhalation
 ipratropium-albuterol
 levalbuterol hcl inhalation
 montelukast sodium oral
 QVAR REDIHALER
 SEREVENT DISKUS
 SPIRIVA HANDIHALER
 SPIRIVA RESPIMAT
 STIOLTO RESPIMAT
 SYMBICORT
 theophylline er
 TRELEGY ELLIPTA
 VENTOLIN HFA
 wixela inhub

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Refer to benefit plan documents to make sure listed medication is included in your benefit. This list should be used as a reference and may not include all medications. Brand or generic availability may not be current because of market changes. Using generics may be required based on your plan benefit.

Quality drives our decisions

This list is maintained using expert opinions from the Optum Rx Clinical Services and Regulatory Affairs departments and by independent insights and reviews from the Pharmacy & Therapeutics Committee, external clinical consultants, and other clinical resources.

Your health is important. Taking preventive medications as prescribed by your doctor or healthcare provider can help you avoid serious illness and high healthcare costs.

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Preventive Select