




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 844-633-5325 or visit us at <https://www.bswhealthplan.com/Group/Pages/Default.aspx#large>. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at [HealthCare.gov/sbc-glossary](https://www.bswhealthplan.com/HealthCare.gov/sbc-glossary) or call 844-633-5325 to request a copy.

| Important Questions   | Answers   | Why This Matters:   |
|---|---|---|
| What is the overall <a href="#">deductible</a> ?                                | \$1,000 per member / \$2,000 per family for a <a href="#">participating provider</a> and \$2,000 per member / \$4,000 per family for a <a href="#">Non-Participating provider</a> .             | Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .  |
| Are there services covered before you meet your <a href="#">deductible</a> ?    | Yes. <a href="#">Preventive care</a> and Affordable Care Act (ACA) preventive drugs are covered before you meet your <a href="#">deductible</a> .   | This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.bswhealthplan.com/HealthCare.gov/coverage/preventive-care-benefits">HealthCare.gov/coverage/preventive-care-benefits</a> .   |
| Are there other <a href="#">deductibles</a> for specific services?              | No  | You don't have to meet <a href="#">deductibles</a> for specific services.   |
| What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ? | \$4,500 per member / \$9,000 per family for a <a href="#">participating provider</a> and \$13,500 per member / \$27,000 per family for a <a href="#">Non-Participating provider</a> .           | The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.   |
| What is not included in the <a href="#">out-of-pocket limit</a> ?               | <a href="#">Premiums</a> , <a href="#">balance billing</a> charges, and health care this <a href="#">plan</a> doesn't cover.  | Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .   |
| Will you pay less if you use a <a href="#">network provider</a> ?               | Yes. See <a href="https://www.bswhealthplan.com/Page/Provider.aspx">https://www.bswhealthplan.com/Page/Provider.aspx</a> or call 844-633-5325 for a list of <a href="#">network providers</a> . | This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services. |
| Do you need a <a href="#">referral</a> to                                       | No  | You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .  |

| Important Questions                | Answers | Why This Matters: |
|------------------------------------|---------|-------------------|
| see a <a href="#">specialist</a> ? |         |                   |

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

| Common Medical Event  | Services You May Need                                  | What You Will Pay   |   | Limitations, Exceptions, & Other Important Information  |
|---|--|---|---|---|
|   |  | <a href="#">Participating Provider</a><br>(You will pay the least)  | <a href="#">Non-Participating Provider</a><br>(You will pay the most)   |   |
| <b>If you visit a health care <a href="#">provider's</a> office or clinic</b> | Primary care visit to treat an injury or illness       | Adult: No charge for the first non-preventive sick visit in the <a href="#">plan</a> year. \$35 <a href="#">copayment</a> per visit for subsequent visits in that <a href="#">plan</a> year, <a href="#">deductible</a> does not apply<br>Pediatric: No charge per visit, <a href="#">deductible</a> does not apply | 50% <a href="#">coinsurance</a> after <a href="#">deductible</a>  | None  |
|   | <a href="#">Specialist</a> visit                       | \$70 <a href="#">copayment</a> per visit, <a href="#">deductible</a> does not apply   | 50% <a href="#">coinsurance</a> after <a href="#">deductible</a>  |   |
|   | <a href="#">Preventive care/screening/immunization</a> | No charge, <a href="#">deductible</a> does not apply  | 50% <a href="#">coinsurance</a> after <a href="#">deductible</a><br>No charge for child immunizations through the 6th birthday. | You may have to pay for services that aren't preventive. Ask your <a href="#">provider</a> if the services needed are preventive. Then check what your <a href="#">plan</a> will pay for. |
| <b>If you have a test</b>   | <a href="#">Diagnostic test</a> (X-ray, blood work)    | No charge, <a href="#">deductible</a> does not apply  | 50% <a href="#">coinsurance</a> after <a href="#">deductible</a>  | None  |

| Common Medical Event   | Services You May Need  | What You Will Pay   |  | Limitations, Exceptions, & Other Important Information  |
|--|--|---|--|---|
|  |  | <u>Participating Provider</u><br>(You will pay the least) | <u>Non-Participating Provider</u><br>(You will pay the most) |   |
|  | Imaging (CT/PET scans, MRIs)   | 30% <u>coinsurance</u> , <u>deductible</u> does not apply | 50% <u>coinsurance</u> after <u>deductible</u>               | Failure to obtain <u>preauthorization</u> of benefits, other than emergency care, will result in a penalty of the lesser of \$500 or 50%.   |
| <b>If you need drugs to treat your illness or condition</b><br>More information about <u>prescription drug coverage</u> is available at <a href="http://BSWHealthPlan.com/Group/Pages/Pharmacy">BSWHealthPlan.com/Group/Pages/Pharmacy</a> | Affordable Care Act (ACA) preventive drugs                             | No charge, <u>deductible</u> does not apply               | 50% <u>coinsurance</u> after <u>deductible</u>               | <u>Copayments</u> are per 30-day supply. Maintenance drugs are allowed up to a 90-day supply for 2.5 <u>copayments</u> if obtained through a <u>participating</u> pharmacy. Mail Order: Available for a 1- to 90-day supply. Non-maintenance drugs obtained through mail order are limited to a 30-day supply maximum. <u>Specialty drugs</u> limited to a 30-day supply. <u>Formulary</u> insulin prescriptions have a maximum <u>copayment</u> of \$25 per prescription per 30-day supply. If a brand name drug is requested when a generic equivalent is available, the member is responsible for the non-preferred <u>copayment</u> plus the difference in cost of the brand name drug and generic equivalent drug. |
|  | Tier 1: Preferred generic drugs  | \$10 <u>copayment</u> per prescription                    | 50% <u>coinsurance</u> after <u>deductible</u>               |   |
|  | Tier 2: Preferred brand name drugs                                     | \$50 <u>copayment</u> per prescription                    | 50% <u>coinsurance</u> after <u>deductible</u>               |   |
|  | Tier 3: Non-preferred generic drugs and non-preferred brand name drugs | \$95 <u>copayment</u> per prescription                    | 50% <u>coinsurance</u> after <u>deductible</u>               |   |

| Common Medical Event                    | Services You May Need                            | What You Will Pay  |  | Limitations, Exceptions, & Other Important Information   |
|---|--|--|--|--|
|   |  | Participating Provider<br>(You will pay the least)   | Non-Participating Provider<br>(You will pay the most)  |  |
|   | <a href="#">Specialty drugs</a>                  | Tier 1: \$250 <u>copayment</u> per prescription<br>Tier 2: \$250 <u>copayment</u> per prescription<br>Tier 3: 20% <u>coinsurance</u> | 50% <u>coinsurance</u> after <u>deductible</u>   |  |
| If you have outpatient surgery          | Facility fee (e.g., ambulatory surgery center)   | 30% <u>coinsurance</u> after <u>deductible</u>   | 50% <u>coinsurance</u> after <u>deductible</u>   | Failure to obtain <a href="#">preauthorization</a> of benefits, other than emergency care, will result in a penalty of the lesser of \$500 or 50%. |
|   | Physician/surgeon fees                           | 30% <u>coinsurance</u> after <u>deductible</u>   | 50% <u>coinsurance</u> after <u>deductible</u>   |  |
| If you need immediate medical attention | <a href="#">Emergency room care</a>              | \$500 <u>copayment</u> per visit, plus 30% <u>coinsurance</u> , <u>deductible</u> does not apply                                     | \$500 <u>copayment</u> per visit, plus 30% <u>coinsurance</u> , <u>deductible</u> does not apply   | Emergency room <u>copayment</u> waived if episode results in <a href="#">hospitalization</a> for the same condition within 24 hours.               |
|   | <a href="#">Emergency medical transportation</a> | \$500 <u>copayment</u> per service, plus 30% <u>coinsurance</u> , <u>deductible</u> does not apply                                   | \$500 <u>copayment</u> per service, plus 30% <u>coinsurance</u> , <u>deductible</u> does not apply | None   |

| Common Medical Event   | Services You May Need              | What You Will Pay  |   | Limitations, Exceptions, & Other Important Information   |
|--|------------------------------------|--|---|--|
|  |                                    | <u>Participating Provider</u><br>(You will pay the least)  | <u>Non-Participating Provider</u><br>(You will pay the most)      |  |
|  | <a href="#">Urgent care</a>        | \$50 <u>copayment</u> per visit, <u>deductible</u> does not apply  | \$50 <u>copayment</u> per visit, <u>deductible</u> does not apply |  |
| <b>If you have a hospital stay</b>   | Facility fee (e.g., hospital room) | 30% <u>coinsurance</u> after <u>deductible</u>   | 50% <u>coinsurance</u> after <u>deductible</u>                    | Failure to obtain <a href="#">preauthorization</a> of benefits, other than emergency care, will result in a penalty of the lesser of \$500 or 50%.   |
|  | Physician/surgeon fees             | 30% <u>coinsurance</u> after <u>deductible</u>   | 50% <u>coinsurance</u> after <u>deductible</u>                    |  |
| <b>If you need mental health, behavioral health, or substance abuse services</b> | Outpatient services                | Adult:<br>\$35 <u>copayment</u> per visit, 30% <u>coinsurance</u> after <u>deductible</u> for all other outpatient services<br>Pediatric:<br>No charge per visit, <u>deductible</u> does not apply | 50% <u>coinsurance</u> after <u>deductible</u>                    | Failure to obtain <a href="#">preauthorization</a> of partial hospitalization benefits, other than emergency care, will result in a penalty of the lesser of \$500 or 50%.   |
|  | Inpatient services                 | 30% <u>coinsurance</u> after <u>deductible</u>   | 50% <u>coinsurance</u> after <u>deductible</u>                    | Failure to obtain <a href="#">preauthorization</a> of residential treatment benefits, other than emergency care, will result in a penalty of the lesser of \$500 or 50%.   |
| <b>If you are pregnant</b>   | Office visits                      | \$35 <u>copayment</u> per visit, <u>deductible</u> does not apply  | 50% <u>coinsurance</u> after <u>deductible</u>                    | <a href="#">Cost sharing</a> does not apply for <a href="#">preventive care</a> . Depending on the type of services, a <a href="#">copayment</a> , <a href="#">coinsurance</a> , or <a href="#">deductible</a> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). |

| Common Medical Event   | Services You May Need                     | What You Will Pay   |  | Limitations, Exceptions, & Other Important Information  |
|--|---|---|--|---|
|  |   | <u>Participating Provider</u><br>(You will pay the least)         | <u>Non-Participating Provider</u><br>(You will pay the most) |   |
|  | Childbirth/delivery professional services | 30% <u>coinsurance</u> after <u>deductible</u>                    | 50% <u>coinsurance</u> after <u>deductible</u>               | Inpatient care for the mother and newborn child in a health care facility is covered for a minimum of 48 hours following an uncomplicated vaginal delivery and 96 hours following an uncomplicated delivery by caesarean section.   |
|  | Childbirth/delivery facility services     | 30% <u>coinsurance</u> after <u>deductible</u>                    | 50% <u>coinsurance</u> after <u>deductible</u>               |   |
| If you need help recovering or have other special health needs | <a href="#">Home health care</a>          | 30% <u>coinsurance</u> after <u>deductible</u>                    | 50% <u>coinsurance</u> after <u>deductible</u>               | Limited to 60 visits per <a href="#">plan</a> year. Failure to obtain <a href="#">preauthorization</a> of benefits, other than emergency care, will result in a penalty of the lesser of \$500 or 50%.  |
|  | <a href="#">Rehabilitation services</a>   | \$35 <u>copayment</u> per visit, <u>deductible</u> does not apply | 50% <u>coinsurance</u> after <u>deductible</u>               | Limited to 35 visits for <a href="#">rehabilitation services</a> and 35 visits for <a href="#">habilitation services</a> per <a href="#">plan</a> year. The limit is combined for physical therapy, occupational therapy, and speech therapy. Limits do not apply for therapies for children with developmental delays, autism spectrum disorder and mental health services. Failure to obtain <a href="#">preauthorization</a> of benefits, other than emergency care, will result in a penalty of the lesser of \$500 or 50%. |
|  | <a href="#">Habilitation services</a>     | \$35 <u>copayment</u> per visit, <u>deductible</u> does not apply | 50% <u>coinsurance</u> after <u>deductible</u>               |   |
|  | <a href="#">Skilled nursing care</a>      | 30% <u>coinsurance</u> after <u>deductible</u>                    | 50% <u>coinsurance</u> after <u>deductible</u>               | Limited to 25 days per <a href="#">plan</a> year. Failure to obtain <a href="#">preauthorization</a> of benefits, other than emergency care, will result in a penalty of the lesser of \$500 or 50%.  |

| Common Medical Event                          | Services You May Need                     | What You Will Pay                                  |   | Limitations, Exceptions, & Other Important Information   |
|---|---|--|---|--|
|   |   | Participating Provider<br>(You will pay the least) | Non-Participating Provider<br>(You will pay the most) |  |
|   | <a href="#">Durable medical equipment</a> | 30% <u>coinsurance</u> after <u>deductible</u>     | 50% <u>coinsurance</u> after <u>deductible</u>        | Failure to obtain <a href="#">preauthorization</a> of benefits, other than emergency care, will result in a penalty of the lesser of \$500 or 50%. |
|   | <a href="#">Hospice services</a>          | No charge, <u>deductible</u> does not apply        | 50% <u>coinsurance</u> after <u>deductible</u>        |  |
| <b>If your child needs dental or eye care</b> | Children's eye exam                       | Not covered  | Not covered   | None   |
|   | Children's glasses                        | Not covered  | Not covered   | None   |
|   | Children's dental check-up                | Not covered  | Not covered   | None   |

## Excluded Services & Other Covered Services:

### Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult and Child)
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult and Child)
- Routine foot care
- Weight loss programs

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Chiropractic care (Limited to 35 visits per [plan](#) year)
- Hearing aids (Limited to one device per ear every 3 years for members through the age of 18)
- Private duty nursing (when [medically necessary](#) and [preauthorized](#). Limitations apply when used under [Home Health Care](#))

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is Baylor Scott & White Care Plan at 844-633-5325 or [BSWHealthPlan.com](#); Department of Labor's Employee Benefits Security Administration at 866-444-EBSA (3272) or [DOL.gov/ebsa/healthreform](#). Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [HealthCare.gov](#) or call 800-318- 2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the [explanation](#) of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Baylor Scott & White Care Plan at 844-633-5325 or [BSWHealthPlan.com](#); Department of Labor's Employee Benefits Security Administration at 866-444-EBSA (3272) or [DOL.gov/ebsa/healthreform](#); Texas Department of Insurance at 800-578-4677 or [TDI.texas.gov](#).

### Does this [plan](#) provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

### Does this [plan](#) meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 844-633-5325.

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*



## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

|   |         |
|---|---------|
| ■ The <a href="#">plan's</a> overall <a href="#">deductible</a> | \$1,000 |
| ■ <a href="#">Specialist copayment</a>                          | \$70    |
| ■ Hospital (facility) <a href="#">coinsurance</a>               | 30%     |
| ■ Other <a href="#">coinsurance</a>                             | 30%     |

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic tests](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)

|                           |                 |
|---------------------------|-----------------|
| <b>Total Example Cost</b> | <b>\$12,700</b> |
|---------------------------|-----------------|

In this example, Peg would pay:

|                                   |                |
|-----------------------------------|----------------|
| <i>Cost Sharing</i>               |                |
| <a href="#">Deductibles</a>       | \$1,000        |
| <a href="#">Copayments</a>        | \$70           |
| <a href="#">Coinsurance</a>       | \$3,100        |
| <i>What isn't covered</i>         |                |
| Limits or exclusions              | \$60           |
| <b>The total Peg would pay is</b> | <b>\$4,170</b> |

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

|   |         |
|---|---------|
| ■ The <a href="#">plan's</a> overall <a href="#">deductible</a> | \$1,000 |
| ■ <a href="#">Specialist copayment</a>                          | \$70    |
| ■ Hospital (facility) <a href="#">coinsurance</a>               | 30%     |
| ■ Other <a href="#">coinsurance</a>                             | 30%     |

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)  
[Diagnostic tests](#) (*blood work*)  
[Prescription drugs](#)  
[Durable medical equipment](#) (*glucose meter*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$5,600</b> |
|---------------------------|----------------|

In this example, Joe would pay:

|                                   |                |
|-----------------------------------|----------------|
| <i>Cost Sharing</i>               |                |
| <a href="#">Deductibles</a>       | \$800          |
| <a href="#">Copayments</a>        | \$700          |
| <a href="#">Coinsurance</a>       | \$0            |
| <i>What isn't covered</i>         |                |
| Limits or exclusions              | \$20           |
| <b>The total Joe would pay is</b> | <b>\$1,520</b> |

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

|   |         |
|---|---------|
| ■ The <a href="#">plan's</a> overall <a href="#">deductible</a> | \$1,000 |
| ■ <a href="#">Specialist copayment</a>                          | \$70    |
| ■ Hospital (facility) <a href="#">coinsurance</a>               | 30%     |
| ■ Other <a href="#">coinsurance</a>                             | 30%     |

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)  
[Diagnostic test](#) (*X-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$2,800</b> |
|---------------------------|----------------|

In this example, Mia would pay:

|                                   |                |
|-----------------------------------|----------------|
| <i>Cost Sharing</i>               |                |
| <a href="#">Deductibles</a>       | \$1,000        |
| <a href="#">Copayments</a>        | \$1,000        |
| <a href="#">Coinsurance</a>       | \$40           |
| <i>What isn't covered</i>         |                |
| Limits or exclusions              | \$0            |
| <b>The total Mia would pay is</b> | <b>\$2,040</b> |

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.

# Nondiscrimination Notice



ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-844-633-5325 (TTY: 711).

Baylor Scott & White Care Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Baylor Scott & White Care Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Baylor Scott & White Care Plan:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Written information in other formats (large print and accessible electronic formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact the Baylor Scott & White Care Plan Compliance Officer at 1-214-820-8888 or send an email to [HPCompliance@BSWHealth.org](mailto:HPCompliance@BSWHealth.org).

If you believe that Baylor Scott & White Care Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Baylor Scott & White Care Plan, Compliance Officer  
1206 West Campus Drive, Suite 151  
Temple, Texas 76502

Compliance HelpLine; 1-888-484-6977 or <https://app.mycompliancereport.com/report?cid=swhp>

You can file a grievance in person or by mail, online, or email. If you need help filing a grievance, the Compliance Officer is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 1-800-537-7697 (TDD)

Complaint forms are available at <https://www.hhs.gov/civil-rights/filing-a-complaint/index.html>.

**English:**

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-844-633-5325 (TTY: 711).

**Spanish:**

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-633-5325 (TTY: 711).

**Vietnamese:**

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-844-633-5325 (TTY: 711).

**Chinese:**

注意: 如果 使用繁體中文, 可以免費獲得語言援助服務。請致電 1-844-633-5325 (TTY: 711)。

**Korean:**

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-844-633-5325 (TTY: 711) 번으로 전화해 주십시오.

**Arabic:**

هاتف الصم والبكم: 711. ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-844-633-5325 (رقم 844-633-5325-1)

**Urdu:**

کریں (1-844-633-5325 (TTY: 711) خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں۔ کال

**Tagalog:**

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-844-633-5325 (TTY: 711).

**French:**

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-844-633-5325 (ATS : 711).

**Hindi:**

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-844-633-5325 (TTY: 711) पर कॉल करें।

**Persian:**

فراهم می باشد. با 1-844-633-5325 (TTY: 711) تماس بگیرید. توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما

**German:**

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-844-633-5325 (TTY: 711).

**Gujarati:**

સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-844-633-5325 (TTY: 711).

**Russian:**

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-844-633-5325 (телетайп: 711).

**Japanese:**

注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。1-844-633-5325 (TTY:711) まで、お電話にてご連絡ください。

**Laotian:**

ໂປດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສຍຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທ 1-844-633-5325 (TTY:711).