

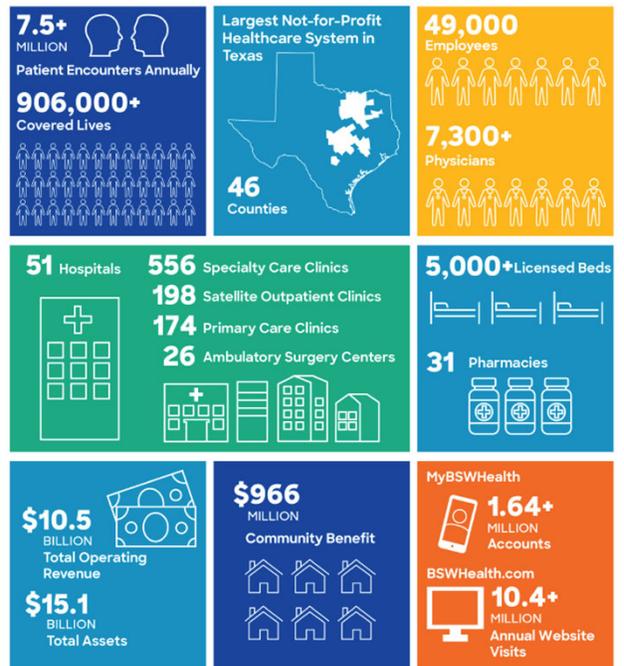
# Open Enrollment

Plan Year: Nov. 1, 2022 – Oct. 31, 2023

Open Enrollment: Aug. 15, 2022 – Aug. 19, 2022



Supported by the largest not-for-profit provider system in the state of Texas



Information for hospitals, specialty care clinics, primary care clinics, MyBSWHealth and BSWHealth.com is as of 1/1/2021. All other information is as of 6/30/2020 except community benefit, which is 6/30/2019.

As part of Baylor Scott & White Health, we are supported by the largest not-for-profit provider system in the state of Texas. And we are once again part of the most awarded not-for-profit health system in Texas! On the recent U.S. News & World Report Best Hospitals list, 29 of our hospitals were recognized: more than ever before! Baylor Scott & White Medical Center - Temple ranked No. 5 in Texas while Baylor University Medical Center ranked No. 4 in Texas and No. 2 in Dallas-Fort Worth.



## We are removing barriers to care

### Open Access HMO

- **No referrals needed**  
to see a network provider
- **No requirement**  
to select a Primary Care Physician (PCP)

### \$0 Copay for:

- Preventive care coverage
- BSW eVisits / Video Visits
- MDLIVE Telehealth
- 24-Hour Nurse Line
- Wondr Health

Revised 7-15-2022

3

At Baylor Scott & White Health Plan, we are removing barriers to care. For example, our HMO is “open access,” which means you do not need a referral to see an in-network specialist. Also, while we encourage all our members to build a relationship with a Primary Care Physician, you are not required to choose one. We also offer a number of services to our members for a \$0 copay.

**BSWHealthPlan.org/BellCounty**

BaylorScott&White Health Plan

PHARMACY INFORMATION    TRANSITION OF CARE    AUTHORIZATIONS & REFERRALS    CONTACT    TOOLS & RESOURCES    2020-21 BENEFITS

**LOG IN**

**COVID-19 vaccines:** The COVID-19 vaccine is available to health plan members at zero out-of-pocket cost. We care about the health and well-being of all of our members and are committed to keeping you informed. [Click here for more information.](#)

**Welcome to the Bell County Employee Plan!**

WELLNESS    TELEMEDICINE    BSW PLUS HMO    BSW PREFERRED HMO

**General information**

Howdy, neighbor! Baylor Scott & White Health Plan (BSWHP) is based in Temple and many of our employees live and work in Bell County. As one of the top-rated private health

- Member Guides
- Provider search tool
- Wellness resources
- Information on pharmacy, claims, customer service, and more
- Log in to your MyBSWHealth Member Portal

Now if you forget everything else in this presentation, just remember this:

You can find virtually everything you need on our website.  
 BSWHealthPlan.org/BellCounty

- Member Guides
- Provider search tool
- Wellness resources
- Information on pharmacy, claims, customer service, and more
- Plus, you can easily log in to the **MyBSWHealth Member Portal** by clicking the button on the top right.



## Find a provider – it's easy as 1-2-3!

The screenshot shows the Baylor Scott & White Health Plan website interface. At the top left is the logo. A navigation bar contains links for PHARMACY INFORMATION, TRANSITION OF CARE, AUTHORIZATIONS & REFERRALS, CONTACT, TOOLS & RESOURCES, and 2020-21 BENEFITS. A 'LOG IN' button is in the top right. A large blue circle with the number '1' is positioned over the navigation bar. Below the navigation bar, the text 'Welcome to the Bell County Employee Plan!' is displayed. Underneath are four yellow buttons: WELLNESS, TELEMEDICINE, BSW PLUS HMO, and BSW PREFERRED HMO. A large blue circle with the number '2' is positioned over the BSW PLUS HMO and BSW PREFERRED HMO buttons. Below these buttons, the text 'Specific plan information' is shown. Under this text are two sections: 'Bell County BSW Plus HMO' and 'Bell County BSW Preferred HMO'. Each section has a button that says 'Find a Provider - BSW Plus HMO' and 'Find a Provider - BSW Preferred' respectively, with a right-pointing arrow. A large blue circle with the number '3' is positioned over the 'Find a Provider' buttons.

Finding a provider is as easy as 1-2-3!

1. Go to [BSWHealthPlan.com/BellCounty](https://BSWHealthPlan.com/BellCounty)
2. Click on the yellow button for your plan – either BSW Plus HMO or BSW Preferred HMO
3. Click the Find a Provider Button for your plan and it will take you to the provider search tool.

You can also find a provider through the MyBSWHealth app or online Member Portal.



## 2022-2023 Bell County Base Plan: BSW Preferred Network

When you choose coverage with the BSW Preferred Network, you can see in-network providers any county shown in blue.



Our Open Access HMO means you can see any network provider without a referral and still receive in-network benefits.

6

Let's talk about your plan options. The Base Plan uses the BSW Preferred network.

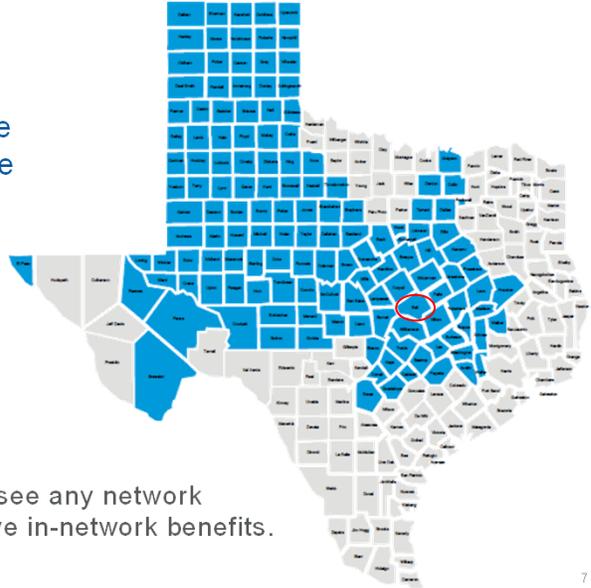
If you live OR work in any county shown in blue, you can choose this plan and see in-network providers in any county shown in blue. Bell County is the one circled in red.

Our Open Access HMO means you can see any provider in the BSW Preferred network without a referral, and you'll still receive in-network benefits.



## 2022-2023 Bell County Buy-Up Plan: BSW Plus HMO Network

When you choose coverage with the BSW Plus HMO Network you can see in-network providers in any county shown in blue.



Our Open Access HMO means you can see any network provider without a referral and still receive in-network benefits.

As you can see from the number of counties colored in on this map, BSW PLUS HMO Network is the larger of the BSWHP Networks offered to Bell County employees.

If you live OR work in any county shown in blue, you can choose coverage with the BSW Plus HMO Network and see in-network providers in any of the 141 counties shown in blue. Just like the BSW Preferred HMO, our BSW Plus HMO is also open access, so you can see any network provider without a referral and still receive in-network benefits.

You'll find additional member information at [BSWHealthPlan.com/BellCounty](https://BSWHealthPlan.com/BellCounty) and through the MyBSWHealth app.



## \$0 copay options

### MyBSWHealth

- ▲ Available anywhere in Texas
- ▲ eVisits – Online diagnosis and treatment plan for common medical conditions
- ▲ Video Visits – Online with a doctor, face-to-face in real time
- ▲ MyBSWHealth.com or MyBSWHealth app

### MDLIVE

- ▲ Available nationwide
- ▲ For general health and behavioral health concerns
- ▲ Visit by phone, secure video or MDLIVE app

### 24/7 Nurse Line

- Managed by Baylor Scott & White Health staff
- Immediate support, 24/7
- Discuss symptoms and concerns
- ER/Urgent care guidance

Revised 7-15-2022

8

As a Baylor Scott & White Health Plan Member, you can receive care for many common conditions any day of the week without leaving your home or office—and without a copay. If you have dependents living outside of the service area, they will always have access to virtual care through MyBSWHealth or MDLIVE at \$0 copays.

eVisits are online interviews about your symptoms; it takes only 5-10 minutes, and you'll receive a response from a Baylor Scott & White Health provider within one hour. Any prescriptions needed will be sent immediately to your preferred pharmacy. eVisits are available 24 hours a day/seven days a week.

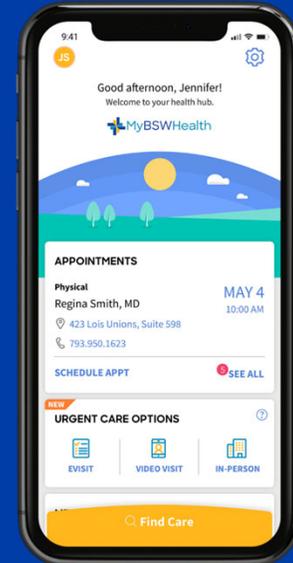
Or if you prefer, you can schedule a same-day Video Visit with a provider, face-to-face. Simply schedule your appointment, then talk live with a Baylor Scott & White Health provider about your symptoms. Just like eVisits, prescriptions are sent immediately to your preferred pharmacy.

Additional virtual care, powered by MDLIVE, is available 24 hours a day, 7 days a week. These options provide access to board-certified doctors, as well as licensed therapists and more, for general health and behavioral health concerns. You can visit with a doctor by phone, secure video, or through the MDLIVE app.



## Spotlight: MyBSWHealth

- Available as an app or online through MyBSWHealth.com
- With MyBSWHealth, you can:
  - Find a provider
  - Access/print ID cards
  - Refill prescriptions
  - Track appointments
  - View test results
  - See claims and copays
  - Send secure messages
  - Take advantage of eVisits or Video Visits



Revised 7-15-2022

9

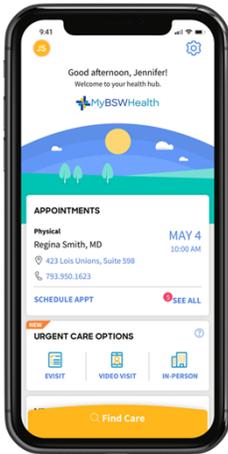
There's a wealth of online information, resources, and functions available 24/7 in the MyBSWHealth App and Member Portal. On this slide we list just a few of the things you can do from your computer or mobile device.

Be sure to link your Baylor Scott & White Health Plan account in the MyBSWHealth portal and app so you can see your benefits and claims. You'll find more information about MyBSWHealth in the 2022-23 Benefits Guide and on the webpage at [BSWHealthPlan.com/BellCounty](https://BSWHealthPlan.com/BellCounty).

Also, as a reminder, you can view and download an electronic version of your member ID card through MyBSWHealth. This is particularly helpful if you have not yet received your ID card or have misplaced your card. Plus, you can access an image of your ID card right from your phone in the MyBSWHealth app!



## Link your BSWHP Account



1. Tap the gear icon in the top right corner
2. Tap “Manage Linked Accounts”
3. Tap “ Link Account”
4. Enter member information

You’ll want to be sure and link your account in the MyBSWHealth app so your claim can be properly processed.



## Wellness and value-added programs



### Wondr Health™

- Unique mindful-eating curriculum combined with technology
- Teaches skills needed to sustainably lose weight and improve health
- Proven to deliver:
  - Sustainable weight loss
  - Meaningful reversal of MetS risk factors like hypertension/prediabetes



### Maternity Care

- Assistance during pregnancy + 1 year after birth
- Access to a nurse 24/7
- In-home support for high-risk conditions
- Mental health screening after delivery
- Immunization reminders
- Planning for returning to work
- And much more!



### Webinars & Newsletters



Revised 7-15-2022

11

Adding even more value to your membership are these additional programs.

Wondr Health is an online program that teaches you how to eat the foods you love while reducing your risk of developing serious conditions, like diabetes or heart disease. Wondr Health is available at NO COST to our members and is accessible via both computer and mobile device. Learn more about Wondr Health at [BSWHealthPlan.com/BellCounty](http://BSWHealthPlan.com/BellCounty).

Members who are expecting can take advantage of Maternity Care, which offers assistance throughout pregnancy and for one year after the baby is born, including access to a nurse 24/7 and other resources.

All members are encouraged to take advantage of FREE webinars and information in our wellness newsletter. *Be Well* is emailed to members four times a year and the current issue is always available on the webpage at [BSWHealthPlan.com/BellCounty](http://BSWHealthPlan.com/BellCounty)



## Know where to go for care

Less \$

**VIRTUAL CARE** \$0 copay using your mobile device or computer

**PRIMARY CARE DOCTOR** Best choice for care when it's not an emergency

**WALK-IN CLINICS** Same-day appointments when your doctor is not available

**URGENT CARE** You need immediate attention but it's not life-threatening

More \$

**EMERGENCY ROOM** Any condition you believe to be life-threatening

Revised 7-15-2022

12

**You have many options for care within our network. Choosing the right level of care for your condition can save you both time and money.**

Depending on the issue, virtual care may be all that is needed. But even when an issue needs immediate attention but is not life-threatening, urgent care, with only a \$45 copay, may be a better option than the more expensive ER visit.

Additional ways to save time and money:

- **Call a Nurse** – The call is free and the number is on the back of your member ID card.
- **Use in-network doctors** to keep costs low
- **Choose generic (instead of brand) medications** and consider getting a **90-day supply** when applicable.



## BSWHP 2022-2023 Plan Year Benefits

### \$30 Office Visits

BENEFIT	COPAY
Medical Deductible	\$1,250 Individual / \$2,500 Family
Out-of-Pocket Maximum	\$3,750 individual / \$7,500 Family (includes combined Medical and Rx copays, deductibles and coinsurance)
Primary Care Physician	\$30 copay
Specialist Office Visit	\$30 copay
Preventive Care	\$0
Outpatient Surgery Facility	20% after deductible Up to the out-of-pocket maximum
Inpatient Hospital	20% after deductible Up to the out-of-pocket maximum
Urgent Care	\$75 copay
Emergency Room	\$250 copay per visit, plus 20% after deductible (\$250 copay waived if admitted within 24 hours)
Manipulative Therapy	\$30 copay (35 visits per calendar year max)

13

For more benefit information, please go to [BSWHealthPlan.com/BellCounty](https://BSWHealthPlan.com/BellCounty)



## Unlimited Rx Benefit PLUS only \$10 for Preferred Generic Drugs!

Prescription Drugs		
	Retail (up to 30-day supply)	Mail Order (up to 90-day supply)
Rx Maximum	Unlimited	
Rx Deductible Applies to Preferred Brand and Non-Preferred Drugs	\$0 per individual	\$0 per individual
Preferred Generic	\$10	\$20
Preferred Brand*	\$40	\$80
Non-Preferred Brand or Non-Preferred Generic	Lesser of \$100 or 50% /retail	Lesser of \$200 or 50% / maintenance

Rx copays and coinsurance apply to Out-of-Pocket Maximum.

\*Please review the Group Value Formulary at [BSWHealthPlan.com/BellCounty](http://BSWHealthPlan.com/BellCounty) for any changes that may affect medications you are currently taking.

14

For more benefit information, please contact [BSWHealthPlan.com/BellCounty](http://BSWHealthPlan.com/BellCounty)

Got a  
question?  
Just ask!



Website:  
[BSWHealthPlan.com/BellCounty](https://www.BSWHealthPlan.com/BellCounty)



Texas-based Customer Service:  
**844.633.5325**



Secure messaging with Customer  
Service: **MyBSWHealth** app and  
member portal

Do you have a question? Well, if you do, you'll find answers to many questions on our website. We created a page just for you at [BSWHealthPlan.com/BellCounty](https://www.BSWHealthPlan.com/BellCounty).

If you want to talk to someone, you can call our Texas-based customer service advocates at 844.633.5325. That number is also on the back of your member ID card.

You can also send a secure message through the MyBSWHealth member portal. You'll find a link to the portal on [BSWHealthPlan.com/BellCounty](https://www.BSWHealthPlan.com/BellCounty) or you can download the MyBSWHealth app.