

2023 Preventive medications and your plan

Effective July 1, 2023



Managing your health with preventive medications

Your pharmacy benefit plan includes special coverage for preventive medications.

The drugs on your plan's preventive medications list do not have a deductible. This means you'll pay your copayment/coinsurance or nothing at all, depending on your plan.

To check the cost of any medication, call the number on your member ID card, visit your plan's website on your member ID card, or log on to the Optum Rx app.

Potential savings with generic medications

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective. Using generics may be required based on your plan benefit.

A list of covered preventive medications begins on the next page.

Medications are listed by therapeutic category. Where differences are noted between this list and your benefit plan documents, the benefit plan documents will rule.

For questions on injectable preventive medications administered by your doctor or healthcare provider, please call the number on your ID card. This list should be used as a reference and may not include all medications.

2023 Select HDHP* preventive brand and generics medication list

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*HDHP = High-Deductible Health Plan

Drug name**Anti-addiction / substance abuse treatment agents**

bupropion hcl er (smoking det)

NICOTROL

NICOTROL NS

varenicline tartrate

Anticoagulants

ELIQUIS

ELIQUIS DVT/PE STARTER PACK

enoxaparin sodium

heparin sodium (porcine)

heparin sodium (porcine) pf

jantoven

warfarin sodium oral

XARELTO

XARELTO STARTER PACK

Antidepressants

bupropion hcl er (sr)

bupropion hcl er (xl) oral tablet extended release 24 hour 150 mg, 300 mg

bupropion hcl oral

citalopram hydrobromide oral solution

citalopram hydrobromide oral tablet

desvenlafaxine succinate er

duloxetine hcl oral

escitalopram oxalate oral

FETZIMA

FETZIMA TITRATION

fluoxetine hcl oral capsule

fluoxetine hcl oral capsule delayed release

fluoxetine hcl oral solution

fluoxetine hcl oral tablet

fluvoxamine maleate

fluvoxamine maleate er

mirtazapine oral

paroxetine hcl

paroxetine hcl er

sertraline hcl oral concentrate

sertraline hcl oral tablet

venlafaxine hcl

venlafaxine hcl er

Antineoplastics - drugs for cancer

anastrozole oral

exemestane

letrozole oral

tamoxifen citrate oral

Antiplatelets

aspirin-dipyridamole er

BRILINTA

Drug name

cilostazol

clopidogrel bisulfate oral

dipyridamole oral

prasugrel hcl

Antipsychotics - drugs for mood disorders

aripiprazole

asenapine maleate

chlorpromazine hcl oral

clozapine

FANAPT

FANAPT TITRATION PACK

fluphenazine hcl oral

haloperidol lactate oral

haloperidol oral

loxapine succinate

lurasidone

olanzapine oral

paliperidone er

perphenazine

prochlorperazine

quetiapine fumarate

quetiapine fumarate er

risperidone

thioridazine hcl oral

thiothixene

trifluoperazine hcl

VRAYLAR

ziprasidone hcl

Antivirals

abacavir sulfate

abacavir sulfate-lamivudine

atazanavir sulfate

efavirenz

emtricitabine

emtricitabine-tenofovir df

fosamprenavir calcium

lamivudine oral solution

lamivudine oral tablet 150 mg, 300 mg

lamivudine-zidovudine

lopinavir-ritonavir

nevirapine

nevirapine er

ritonavir

stavudine

tenofovir disoproxil fumarate

zidovudine

Brand-name medications are shown in UPPERCASE (for example, CELEXA) and generic medications in lowercase (for example, citalopram).

Refer to benefit plan documents to make sure listed medication is included in your benefit. Oral and self-injectable specialty medications may have limitations based on your plan benefit.

Drug name**Cardiovascular agents - drugs for heart and circulation conditions**

acebutolol hcl oral
 aliskiren fumarate
 amiloride hcl oral
 amiloride-hydrochlorothiazide
 amlodipine besylate oral
 amlodipine besylate-benazepril hcl
 amlodipine besylate-valsartan
 amlodipine-atorvastatin
 amlodipine-olmesartan
 amlodipine-valsartan-hctz
 atenolol oral
 atenolol-chlorthalidone
 atorvastatin calcium oral
 benazepril hcl oral
 benazepril-hydrochlorothiazide
 betaxolol hcl oral
 bisoprolol fumarate oral
 bisoprolol-hydrochlorothiazide
 bumetanide oral
 candesartan cilexetil
 candesartan cilexetil-hctz
 captopril oral
 CAROSPIR
 cartia xt
 carvedilol
 chlorthalidone
 cholestyramine light
 cholestyramine oral
 clonidine
 clonidine hcl oral
 colesevelam hcl
 colestipol hcl
 digitek
 digoxin oral
 diltiazem hcl er
 diltiazem hcl er beads
 diltiazem hcl er coated beads
 diltiazem hcl oral
 dilt-xr
 doxazosin mesylate oral
 enalapril maleate oral
 enalapril-hydrochlorothiazide
 eplerenone
 ezetimibe
 ezetimibe-simvastatin
 felodipine er

Drug name

fenofibrate micronized oral capsule 130 mg, 134 mg, 200 mg, 43 mg, 67 mg
 fenofibrate oral
 fenofibric acid
 fluvastatin sodium
 fluvastatin sodium er
 fosinopril sodium
 fosinopril sodium-hctz
 furosemide oral
 gemfibrozil oral
 guanfacine hcl
 hydralazine hcl oral
 hydrochlorothiazide oral
 icosapent ethyl
 indapamide
 irbesartan
 irbesartan-hydrochlorothiazide
 isosorbide dinitrate
 isosorbide mononitrate
 isosorbide mononitrate er
 isradipine
 labetalol hcl oral
 LANOXIN ORAL
 lisinopril oral
 lisinopril-hydrochlorothiazide
 losartan potassium oral
 losartan potassium-hctz
 lovastatin oral
 matzim la
 methyl dopa
 methyl dopa-hydrochlorothiazide
 metolazone
 metoprolol succinate er
 metoprolol tartrate oral
 metoprolol-hydrochlorothiazide
 minitran
 minoxidil oral
 moexipril hcl
 nadolol oral
 nebivolol hcl
 niacin er (antihyperlipidemic)
 nifedipine hcl oral
 nifedipine er
 nifedipine er osmotic release
 nifedipine oral
 nimodipine oral
 NITRO-BID
 NITRO-DUR

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Drug name

nitroglycerin sublingual
nitroglycerin transdermal
nitroglycerin translingual
NITRO-TIME
olmesartan medoxomil oral
olmesartan medoxomil-hctz
olmesartan-amlodipine-hctz
omega-3-acid ethyl esters
perindopril erbumine
phenoxybenzamine hcl oral
pindolol
PRALUENT
pravastatin sodium
prazosin hcl oral
prevalite
propranolol hcl er
propranolol hcl oral
propranolol-hydrochlorothiazide
QBRELIS
quinapril hcl
quinapril-hydrochlorothiazide
ramipril
ranolazine er
REPATHA
rosuvastatin calcium
simvastatin oral
sorine
sotalol hcl (af)
sotalol hcl oral
spironolactone oral
spironolactone-hctz
taztia xt
TEKTRUNA HCT
telmisartan
telmisartan-amlodipine
telmisartan-hctz
tiadylt er
timolol maleate oral
torseamide
trandolapril
trandolapril-verapamil hcl er
triamterene-hctz
valsartan oral tablet
valsartan-hydrochlorothiazide
VASCEPA
VECAMYL
verapamil hcl er

Drug name

verapamil hcl oral
Diabetes - antidiabetic agents
acarbose oral
BYDUREON BCISE AUTOINJECTOR
BYETTA 10 MCG PEN
BYETTA 5 MCG PEN
FARXIGA
glimepiride
glipizide er
glipizide ir
glipizide xl
glipizide-metformin hcl
glyburide micronized
glyburide oral
glyburide-metformin
INVOKAMET
INVOKAMET XR
INVOKANA
JANUMET
JANUMET XR
JANUVIA
JARDIANCE
JENTADUETO
JENTADUETO XR
metformin hcl er
metformin hcl er (mod)
metformin hcl ir
miglitol
nateglinide
OZEMPIC
OZEMPIC (2 MG/DOSE)
pioglitazone hcl
pioglitazone hcl-glimepiride
pioglitazone hcl-metformin hcl
repaglinide
RYBELSUS
SYMLINPEN 120
SYMLINPEN 60
SYNJARDY
SYNJARDY XR
TRADJENTA
TRULICITY
VICTOZA
XIGDUO XR
Diabetes - glucose monitoring
ACCU-CHEK GUIDE
ACCU-CHEK GUIDE ME

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Drug name

CONTOUR MONITOR
 CONTOUR NEXT EZ KIT W/DEVICE
 CONTOUR NEXT GEN MONITOR
 CONTOUR NEXT LINK KIT W/DEVICE
 CONTOUR NEXT MONITOR KIT W/DEVICE
 CONTOUR NEXT ONE KIT
 CONTOUR NEXT TEST STRIPS
 CONTOUR TEST STRIPS
 FREESTYLE FREEDOM
 FREESTYLE FREEDOM LITE
 FREESTYLE INSULINX
 FREESTYLE LITE
 FREESTYLE PRECISION NEO
 LANCETS
 ONETOUCH ULTRA TEST STRIPS
 ONETOUCH ULTRA 2 KIT W/DEVICE
 ONETOUCH ULTRA MINI KIT W/DEVICE
 ONETOUCH VERIO KIT W/DEVICE
 ONETOUCH VERIO FLEX SYSTEM
 ONETOUCH VERIO TEST STRIPS
 ONETOUCH VERIO IQ SYSTEM
 ONETOUCH VERIO REFLECT KIT W/DEVICE

Diabetes - insulins

APIDRA SOLOSTAR
 APIDRA VIAL
 FIASP
 FIASP FLEXTOUCH
 FIASP PENFILL
 HUMALOG
 HUMALOG JUNIOR KWIKPEN
 HUMALOG KWIKPEN
 HUMALOG MIX 50/50
 HUMALOG MIX 50/50 KWIKPEN
 HUMALOG MIX 75/25
 HUMALOG MIX 75/25 KWIKPEN
 HUMULIN 70/30 KWIKPEN
 HUMULIN 70/30 VIAL
 HUMULIN N KWIKPEN
 HUMULIN N VIAL
 HUMULIN R U-500 KWIKPEN
 HUMULIN R U-500 VIAL (CONCENTRATED)
 HUMULIN R VIAL
 LANTUS SOLOSTAR
 LANTUS U-100 VIAL
 LEVEMIR U-100 FLEXTOUCH
 LEVEMIR U-100 VIAL
 NOVOLIN 70/30 RELION

Drug name

NOVOLIN 70/30 VIAL
 NOVOLIN N RELION
 NOVOLIN N VIAL
 NOVOLIN R RELION
 NOVOLIN R VIAL
 NOVOLOG FLEXPEN
 NOVOLOG MIX 70/30 FLEXPEN
 NOVOLOG MIX 70/30 VIAL
 NOVOLOG PENFILL
 NOVOLOG U-100 VIAL
 TOUJEO MAX SOLOSTAR
 TOUJEO SOLOSTAR
 TRESIBA
 TRESIBA FLEXTOUCH

Electrolytes / Minerals / Metals / Vitamins

generic products
 BRAND NAME PRODUCTS

Gastrointestinal agents - drugs for acid reflux and ulcer

esomeprazole magnesium oral capsule delayed release
 esomeprazole magnesium oral packet
 famotidine oral suspension reconstituted
 lansoprazole oral
 misoprostol oral
 NEXIUM
 omeprazole oral capsule delayed release
 OMEPRAZOLE+SYRSPEND SF ALKA
 pantoprazole sodium oral
 rabeprazole sodium oral tablet delayed release
 sucralfate oral

Gastrointestinal agents - drugs for bowel, intestine and stomach conditions

gavilyte-c
 gavilyte-g
 peg 3350-kcl-na bicarb-nacl
 peg-3350/electrolytes
 peg-3350/electrolytes/ascorbat
 peg-kcl-nacl-nasulf-na asc-c
 SUPREP BOWEL PREP KIT

Hormonal agents - selective estrogen receptor modifying agents

OSPHENA
 raloxifene hcl

Hormonal agents - sex hormones and birth control

amabelz
 ANGELIQ
 BALCOLTRA
 CLIMARA PRO
 COMBIPATCH

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Drug name

DELESTROGEN
DEPO-ESTRADIOL
dotti
DUAVEE
ELESTRIN
est estrogens-methyltest
est estrogens-methyltest ds
est estrogens-methyltest hs
estradiol oral
estradiol transdermal
estradiol-norethindrone acet
ESTROGEL
EVAMIST
fyavolv
jinteli
LO LOESTRIN FE
lyllana
MENEST
mimvey
norethindrone acet-ethinyl est
norethindrone oral
ORIAHNN
PREMARIN ORAL
PREMPHASE
PREMPRO
SLYND

Immunological agents - drugs for immune system stimulation or suppression

azathioprine oral
cyclosporine modified
cyclosporine oral
gengraf
mycophenolate mofetil oral
mycophenolate sodium
sirolimus oral
tacrolimus oral

Metabolic bone disease agents - drugs for osteoporosis

alendronate sodium oral solution
alendronate sodium oral tablet 10 mg, 35 mg, 5 mg, 70 mg
calcitonin (salmon) nasal
ibandronate sodium oral
risedronate sodium oral tablet 150 mg, 30 mg, 35 mg, 5 mg
risedronate sodium oral tablet delayed release

Respiratory tract / pulmonary agents - drugs for asthma and other lung conditions

ADVAIR HFA
albuterol sulfate hfa aerosol solution 108 (90 base) mcg/act inhalation

Drug name

albuterol sulfate inhalation
albuterol sulfate oral
ANORO ELLIPTA
ASMANEX (120 METERED DOSES)
ASMANEX (14 METERED DOSES)
ASMANEX (30 METERED DOSES)
ASMANEX (60 METERED DOSES)
ASMANEX HFA
ATROVENT HFA
BREO ELLIPTA
budesonide inhalation
COMBIVENT RESPIMAT
cromolyn sodium inhalation
DALIRESP
ELIXOPHYLLIN
FLOVENT DISKUS
FLOVENT HFA
fluticasone-salmeterol inhalation aerosol powder breath activated 100-50 mcg/act, 250-50 mcg/act, 500-50 mcg/act
FLUTICASON-SALMETEROL INHALATION AEROSOL POWDER BREATH ACTIVATED 113-14 MCG/ACT, 232-14 MCG/ACT, 55-14 MCG/ACT
INCRUSE ELLIPTA
ipratropium bromide inhalation
ipratropium-albuterol
levalbuterol hcl inhalation
LEVALBUTEROL HFA INHALATION AEROSOL 45 MCG/ACT
montelukast sodium oral
PROAIR RESPICLICK
PULMICORT FLEXHALER
QVAR REDHALER
roflumiast
SEREVENT DISKUS
SPIRIVA HANDIHALER
SPIRIVA RESPIMAT
STIOLTO RESPIMAT
SYMBICORT
THEO-24
theophylline
theophylline er
TRELEGY ELLIPTA
VENTOLIN HFA
wixela inhub
zafirlukast

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Refer to benefit plan documents to make sure listed medication is included in your benefit. This list should be used as a reference and may not include all medications. Brand or generic availability may not be current because of market changes. Using generics may be required based on your plan benefit.

Quality drives our decisions

This list is maintained using expert opinions from the Optum Rx Clinical Services and Regulatory Affairs departments and by independent insights and reviews from the Pharmacy & Therapeutics Committee, external clinical consultants, and other clinical resources.

Your health is important. Taking preventive medications as prescribed by your doctor or healthcare provider can help you avoid serious illness and high healthcare costs.

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