Vision care. BSW SeniorCare Advantage plans include a routine annual exam, plus an annual allowance toward the purchase of contacts, frames and lenses. You must use a network vision provider. Find a provider at BSWHealthPlan.com/FindProvider.

Hearing care. We offer essential hearing services that are not covered by Original Medicare, including a routine hearing exam and an allowance every three years toward the purchase of hearing aids. Find a provider at BSWHealthPlan.com/FindProvider.

Over-the-counter allowance. The BSW SeniorCare Advantage PPO Basic plan features a quarterly purchase allowance (based on calendar quarter) from participating retailers for eligible over-the-counter items such as bandages, cold and allergy medicines, pain relievers and more. The Platinum plan does not include an over-the-counter allowance.

No-cost fitness program. Through Silver&Fit, plans include a no-cost fitness membership at participating locations, like the YMCA and more.

Dental care. Plans include dental coverage through MetLife with maximum benefits up to $3,500 with thousands of providers to choose from. Coverage includes things like exams, cleanings, X-rays, extractions and fillings, restorative services and even dentures.

MetLife’s Preferred Dentist Program is a dental PPO plan. You can visit any licensed dentist – in or out of the MetLife PDP Plus network – and receive benefits. However, if you use an out-of-network provider, your share of the costs for your covered services may be higher. Find a participating dentist at MetLife.com.