



## MEDICAL COVERAGE POLICY

**SERVICE:** Step Therapy Policy – Commercial plans

**Policy Number:** 306

**Effective Date:** 05/01/2025

**Last Review:** 04/14/2025

**Next Review:** 04/14/2026

**Important note:** Unless otherwise indicated, medical policies will apply to all lines of business.

Medical necessity as defined by this policy does not ensure the benefit is covered. This medical policy does not replace existing federal or state rules and regulations for the applicable service or supply. In the absence of a controlling federal or state coverage mandate, benefits are ultimately determined by the terms of the applicable benefit plan documents. See the member plan specific benefit plan document for a complete description of plan benefits, exclusions, limitations, and conditions of coverage. In the event of a discrepancy, the plan document always supersedes the information in this policy.

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**PRIOR AUTHORIZATION:** See specific policy for appropriate drug or device

**POLICY:** Please review the plan's EOC (Evidence of Coverage) or Summary Plan Description (SPD) for details.

This policy provides a list of drugs and devices that require step therapy. Step therapy is when a trial of a preferred therapeutic alternative is required prior to coverage of a non-preferred drug or device for a specific indication. Baylor Scott & White Health Plan medical policies as specified in the table below will be applied first. Thereafter, the step therapy requirement(s) in this supplemental policy should be applied.

Baylor Scott & White Health Plan, and its wholly owned subsidiaries (together, "Plan") considers the use of medications with a non-preferred status medically necessary when used consistent with the member's coverage document and based on the following criteria:

- 1) The member must have failure of an adequate trial of or clinically significant intolerance or contraindication to preferred drugs in the same class that can also be used for the requested indication
  - a) Exception: Non-preferred drugs requested due to failure of an adequate trial of biosimilars of preferred products do not meet medical necessity.
  - b) Regulatory notes for plans subject to Texas Department of Insurance requirements:
    - i) Per Texas Mandate HB1584 and Texas Insurance Code (TIC) sec. 1369.213, step therapy will not be required for a non-preferred drug when use is:
      - (1) consistent with best practices for the treatment of stage-four advanced, metastatic cancer or an associated condition;
      - (2) supported by peer-reviewed, evidence-based literature; and
      - (3) approved by the United States Food and Drug Administration
    - ii) Per TIC sec. 1369.0546, step therapy will not be required for a non-preferred drug when use is contraindicated or expected to be ineffective or cause harm based on submitted clinical documentation and/or medical literature
- 2) The member meets additional clinical coverage criteria per Plan policy as specified in the table below.



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Class	Preferred	Non-Preferred	BSWHP policy
Bendamustine	Belrapzo Bendeka Bendamustine (brand Treanda)	Bendamustine 505b2 formulations Vivimusta	<a href="#">BSWHP policy 219 Cancer Chemotherapy / Therapy Guidelines</a>
Bevacizumab – for oncology indications only	Mvasi Zirabev	Avastin (J9035) Alymsys Avzivi Vegzelma Other bevacizumab biosimilars	<a href="#">BSWHP policy 219 Cancer Chemotherapy / Therapy Guidelines</a>
Bone antiresorptive therapy – for oncology indications only, does NOT apply to prostate or breast cancer	Zoledronic Acid	Xgeva	<a href="#">BSWHP policy 219 Cancer Chemotherapy / Therapy Guidelines</a>
Botulinum Toxins	Botox Dysport	Myobloc Xeomin Daxxify Other botulinum toxin agents	<a href="#">BSWHP policy 215 Medications Covered Under Medical Insurance Policy</a>
Immune Globulins	<a href="#">Refer to BSWHP policy 045 Immune Globulin Therapy</a>		
Infliximab	<a href="#">Refer to BSWHP policy 239 Infliximab Products</a>		
Injectable lipid lowering therapy	Praluent (obtained through pharmacy benefit) Repatha (obtained through pharmacy benefit)	Leqvio	<a href="#">BSWHP policy 215 Medications Covered Under Medical Insurance Policy</a>
Long-acting G-CSF	Udenyca Neulasta	Fulphila Fylmetra Nyvepria Stimufend Ziextenzo Other long-acting G-CSF	<a href="#">BSWHP policy 215 Medications Covered Under Medical Insurance Policy</a> OR <a href="#">BSWHP policy 219 Cancer</a>



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			<a href="#">Chemotherapy / Therapy Guidelines</a>
Short-acting G-CSF	Zarxio	Granix Neupogen Nivestym Releuko Other short-acting GCSF	<a href="#">BSWHP policy 215 Medications Covered Under Medical Insurance Policy</a> OR <a href="#">BSWHP policy 219 Cancer Chemotherapy / Therapy Guidelines</a>
Rituximab	Ruxience Truxima	Riabni Rituxan Rituxan Hycela Other rituximab containing agents	<a href="#">BSWHP policy 215 Medications Covered Under Medical Insurance Policy</a> OR <a href="#">BSWHP policy 219 Cancer Chemotherapy / Therapy Guidelines</a>
Taxanes – does NOT apply to pancreatic cancer, ampullary adenocarcinoma, biliary tract cancers	Paclitaxel (brand Taxol) Docetaxel (brand Taxotere)	Docetaxel 505b2 formulations Paclitaxel Protein-Bound (brand Abraxane) Paclitaxel Protein-Bound 505b2 formulations	<a href="#">BSWHP policy 219 Cancer Chemotherapy / Therapy Guidelines</a>
Trastuzumab	Kanjinti Ontruzant	Herceptin Herceptin Hylecta Herzuma Ogivri Trazimera Other trastuzumab biosimilars	<a href="#">BSWHP policy 219 Cancer Chemotherapy / Therapy Guidelines</a>
VEGF inhibitors – for ophthalmic indications only	Avastin	Beovu Byooviz Eylea (regular and HD)	<a href="#">BSWHP policy 215 Medications Covered Under Medical Insurance Policy</a>



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		Lucentis Susvimo Vabysmo Other ophthalmic VEGF inhibitor containing agents	
ALL OTHER MEDICARE OUTPATIENT (PART B) DRUGS (NOT LISTED ABOVE)	Not Applicable (Covered at Parity)	Not Applicable (Covered at Parity)	<a href="#">BSWHP policy 215 Medications Covered Under Medical Insurance Policy</a>  OR <a href="#">BSWHP policy 219 Cancer Chemotherapy / Therapy Guidelines</a>

### POLICY HISTORY:

Status	Date	Action
New	12/13/2023	New policy – previously under medical policy 215 Medications Covered Under Medical Insurance Policy and 219 Cancer Chemotherapy/Therapy Guidelines
Updated	02/12/2024	Updated nonpreferred bevacizumab, botulinum toxins, and VEGF inhibitors for new agents
Updated	08/12/2024	Added TIC sec. 1369.0546 language
Updated	10/14/2024	Added bendamustine, bone antiresorptive therapy, and taxane classes. Added BSWHP policy hyperlinks.
Updated	12/09/2024	Added hyperlinks for classes using other policies for completeness and transparency
Updated	04/14/2025	Removed Cimerli from preferred due to paused commercialization

#### Note:

Health Maintenance Organization (HMO) products are offered through Scott and White Health Plan dba Baylor Scott & White Health Plan, and Scott & White Care Plans dba Baylor Scott & White Care Plan. Insured PPO and EPO products are offered through Baylor Scott & White Insurance Company. Scott and White Health Plan dba Baylor Scott & White Health Plan serves as a third-party administrator for self-funded employer-sponsored plans. Baylor Scott & White Care Plan and Baylor Scott & White Insurance Company are wholly owned subsidiaries of Scott and White Health Plan. These companies are referred to collectively in this document as Baylor Scott & White Health Plan.

RightCare STAR Medicaid is offered through Scott and White Health Plan in the Central Texas Medicaid Rural Service Area (MRSA); FirstCare STAR is offered through SHA LLC dba FirstCare Health Plans (FirstCare) in the Lubbock and West MRSA service areas; and FirstCare CHIP is offered through FirstCare in the Lubbock Service Area.